



"It's not the load that breaks you down - its the way you carry it." ~ Lou Holtz

Residency Reminders | September 29 – September 30

(Reminders posted on the EMBA Portal under [Residency Announcements](#))

Dear Irish:

I hope everyone is recovering from the unfortunate loss to OSU last weekend. Our residency weekend is straightforward, but there are a few updates I want to note, so please take a moment to review.

Class Representatives

I sincerely thank the cohort members who stepped forward and volunteered for cohort representative roles. I have attached the Cohort Rep List and posted it on the [EMBA Student Portal](#). To view the list, please select the Your Student Community tab (left column) and scroll down to the CH25 Cohort line's details. Again, welcome representatives, and thank you in advance for serving your cohort and the greater EMBA community.

Friday Lunch Presentation | Mural Board Introduction - Yami Ayala

On Friday (tomorrow), we will convene at 1:00 p.m. (likely in the dining room) so that Yami can introduce the Mural Board she created for the cohort. Yami is one of your Student Life representatives, and the Mural Board is a tool for assisting the cohort in event planning and much more.

Reminder | Class Day Opening Prayer/Intention

Announcements and prayer/intention intend to take a moment to pause and transition from a work/home mindset to an academic and personal growth mindset. It is your time to build and center as a cohort. We make the space, and I would like the cohort to make the most of it as a student-led time of prayer or reflection. Please email me if you want to lead a class prayer or share a poem or intention for this and the remaining residencies.

Le meas and GO IRISH!!

Christine